



EXERCISE PRESCRIPTION & PHYSIOTHERAPY

Shop 7 266-274 Burwood Rd Burwood NSW 2134 02 9745 4259

Schedule of fees and Timetable Effective April 2015

Physiotherapy & Exercise Physiology Consultations

Initial Consultation	\$79.00
Standard Consultation	\$65.00
Return Consultation	\$75.00
Long Consult (2 or more area)	\$75.00
Group Exercise	\$22.00
Pilates/Exercise Classes (10 visit)	\$175.00

Timetable for Treatment

Monday/Wednesday/Friday	5:30am-7:30pm Physio + Exercise
Tuesday/Thursday	7:00am-4:00pm Physio + Exercise
Saturday	7:00am-9:00am Physio + Exercise

Timetable for Classes

Spots are limited so please advise us of your attendance

	Tuesday	Thursday	Saturday
IntroCore	12noon – 1:00pm	12noon – 1:00pm	
Pilates	4:30pm – 5:30pm	4:30pm – 5:30pm	9:30am – 10:30am
	5:30pm – 6:30pm	5:30pm – 6:30pm	10:30am – 11:30am
	6:30pm – 7:30pm	6:30pm – 7:30pm	