



**EXERCISE PRESCRIPTION &  
PHYSIOTHERAPY**

Shop 7 266-274 Burwood Rd Burwood NSW 2134 02 9745 4259  
Schedule of fees and Timetable Effective April 2018

**Physiotherapy & Exercise Physiology Consultations**

Initial Consultation	\$81.00
Standard Consultation	\$67.00
Return Consultation	\$77.00
Long Consult (2 or more areas)	\$77.00
Group Exercise	\$22.00
Pilates/Exercise Classes (10 visit)	\$175.00

**Timetable for Treatment**

Monday/Wednesday/Friday	<b>5:00am-7:30pm</b> Physio + Exercise
Tuesday/Thursday	<b>7:00am-4:00pm</b> Physio + Exercise
Saturday	<b>7:00am-9:30am</b> Physio + Exercise

**Timetable for Classes**

Spots are limited so please advise us of your attendance

	Tuesday	Thursday	Saturday
<u>IntroCore</u>	12noon – 1:00pm	12noon – 1:00pm	
Pilates	4:30pm – 5:30pm 5:30pm – 6:30pm 6:30pm – 7:30pm	4:30pm – 5:30pm 5:30pm – 6:30pm 6:30pm – 7:30pm	9:30am – 10:30am 10:30am – 11:30am