



ACTIVE LIFE PHYSIO PILATES CLASS TIMETABLE



CLASSES LIMITED TO 4 PARTICIPANTS / 55 MINUTES IN LENGTH

CLASSES \$31.50 (OR \$26.50 IN A 10-PACK)

PRIVATE HEALTH REBATES APPLY

<u>MONDAY</u>	<u>TUESDAY</u>	<u>WEDNESDAY</u>	<u>THURSDAY</u>	<u>FRIDAY</u>	<u>SATURDAY</u>
9AM CLINICAL PILATES	9AM CLINICAL PILATES	9AM CLINICAL PILATES	9AM CLINICAL PILATES	9AM CLINICAL PILATES	
10AM CLINICAL PILATES					
	12PM CLINICAL PILATES				
4.30PM CLINICAL PILATES		4.30PM CLINICAL PILATES			
5.30PM CLINICAL PILATES	5.30PM CLINICAL PILATES	5.30PM CLINICAL PILATES	5.30PM CLINICAL PILATES		

LEVEL 2 / 1 WHARF ST,
MURWILLUMBAH 2484

PO BOX 406
MURWILLUMBAH 2484

BOOKINGS ARE ESSENTIAL AS MAX OF 4 PER CLASS - 4 HRS NOTICE REQUIRED FOR CANCELLATION OR FULL FEE IS CHARGED.

PILATES REFORMER HIRE (1 HOUR UNSUPERVISED \$16) FOR EXPERIENCED PILATES STUDENTS ONLY - ASK AT RECEPTION

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